



Charting your course for **SUCCESS**

Navigate Tough Times with Rita Perea

Sought-after keynote speaker, writer, international consultant, and TV/radio personality, Rita Perea promises to add a dynamic dimension to your next meeting or corporate event. The ideas she shares have stood the test of time – in the real world. The principles she conveys are those she follows in her daily life. You simply won't find a more genuine or relevant keynote speaker!

Rita Perea brings a powerful blend of passion and professionalism to corporations and organizations around the country. As a consultant, coach and keynote speaker, she shares her 20-plus years of experience with hundreds of leaders annually in organizations ranging from Fortune 500s and high-tech startups to not-for-profits.

She specializes in working with young professional who aspire to gain leadership positions, as well as successful leaders transitioning into a new organization or upward into significantly more challenging levels of leadership.

Let Rita Perea help you discover your path to success!

Keynote Speaker

RITA PEREA •

Success Consultant and Leadership Expert

"RITA provides crucial insight and research that empowers me and my team to reach higher personal and professional goals. In today's complex business environment, professionals like Rita are essential."
C. OLSON, TEAMQUEST INTERNATIONAL CORPORATION

most requested PRESENTATIONS

Charting Your Course for Success

Navigating the High Seas of Change

Today we are facing many changes in our work and in our personal lives. Some are planned; some just happen. All can be challenging. We often feel tossed around and as if we are crashing against the rocks. We find ourselves wondering if life will ever get back to normal again. If we understand the best way to navigate a change, whether it is a choice or one we can't control, we can move through the transition with more ease and speed.

The Leader's Survival Guide

Doing the Impossible During Difficult Times

Desperate times call for desperate measures." Or do they? As a leader, others depend on your instincts, your wisdom and your guidance to help them move forward. This is especially true during difficult times. How do you give people what they need but also take care of yourself? This presentation will help you not only survive, but thrive, in a tough environment.

Managing the Madness of a Multigenerational Workplace

Today, for the first time ever, four generations are working side-by-side in the American workplace. Organizations are feeling the pain of generation gaps as they struggle to manage productivity and morale, while maintaining high standards of quality and service in a challenging economy. As leaders and managers in our organizations, we are pivotal in defining the unique challenges and framing the solutions for the issues created by this new American workforce.

Finding the Perfect Coach

Achieving High Performance with Confidence and Clarity

Becoming a high performer takes clarity in the goals we select and confidence in moving ahead. When we, or someone on our team, hits an obstacle on the roadmap that we call "work" or "life", we can seek the assistance of a professional coach to move us forward. Whether the issue is becoming more productive or building better relationships, working with a professional coach can be the solution we're seeking. However, coaching is a relatively new and, consequently, unregulated, industry. So, how does one find the perfect coach? This "Buyer Beware" session will guide the coaching consumer to find the perfect coach

From Frantic to Fabulous

Reclaiming Your Life Right Now!

One day you wake up and it has happened- you are running around like a hamster on a wheel. You are caught in a revolving door. Your life is O.C.... Out Of Control. You are frantic. You try this and that, working feverishly to get it under control again. But, nothing works. You have piles of laundry, hundreds of emails, and stacks of papers and files all begging for your attention. And you just want to take a nap! There are simple, easy to use tricks and tips to help you gain control of your life again.

Life in the Philanthropic Lane

Leaving Your Legacy

We only have a few resources that we have the privilege to manage: our time, our energy and our money. How we manage each determines how we can share our gifts with others. And determines the type of impact our lives will have while we spend time here on earth. What type of legacy will you leave and whose life will you impact? How will you thoughtfully and purposefully share your gifts with others?

"We now have the tools necessary to communicate the value of personal and leadership coaching to their senior management. Rita brings a wealth of experience and value for the time you invest in her programs."

Kevin C. Stow, AVP

HR & Governance Iowa State University
Foundation

"Rita's dedication to our organization was simply amazing. I was so impressed with our team results, I engaged her coaching assistance for my own personal and professional endeavors."

Tray Wade

Vice President - Patient and Family Care
Hospice of Central Iowa

For more information on Rita
call **515.577.5666** or visit
RitaPerea.com